# Women's Trauma Recovery Center (WTRC)

The WTRC provides residential treatment for the effects of military sexual trauma. The primary components of the program include trauma work, skills training, therapeutic recreation, health education, personal safety skills, goal-setting, relapse prevention and aftercare planning. These components work together in both group and individual therapy formats in a supportive environment for women veterans.

#### We share our commitment to Veterans

1-800-423-2111, Ext. 42264 or (254) 778-4811, Ext. 42264

Domiciliary Residential Rehabilitation
Treatment Program (DRRTP)
Central Texas Veterans Health Care System
1901 Veterans Memorial Drive
Building 202
Temple, TX 76504





# Domiciliary Residential Rehabilitation Treatment Program (DRRTP)

Caring for America's Veterans

HEALTH CARE SYSTEM

The Domiciliary is located within the city limits of Temple on the grounds of the Central Texas Veterans Health Care Center. This 408-bed domiciliary complex is approximately ¾ mile from a large shopping mall. Temple College is nearby.

#### **Programs**

DRRTP includes medical, psychiatric and rehabilitative interventions. These and other therapies are provided to eligible ambulatory veterans in a structured, supportive, and homelike environment. Programs currently available include:

- Substance Treatment Employment Program (STEP)
- Rehabilitation and Reintegration Treatment Program (RRTP)
- Women's Trauma Recovery Center (WTRC)

### Eligibility

Eligibility is determined by the Domiciliary Screening Committee. The veteran must be capable of:

- total self care
- taking own medications
- transporting self to dining room (300 yards, 3 times/day)
- cleaning and maintaining bed area and assigned common area

The veteran should have no acute medical or psychiatric problems.

# Substance Treatment Employment Program (STEP)

STEP provides assessment and treatment services to veterans with substance abuse problems. Its goals are to educate the chemically dependent veteran to stop the destructive use of alcohol and/ or drugs and to maintain a satisfying, productive lifestyle. The vocational rehabilitation component of STEP works to provide the veteran satisfactory employment, adequate housing and transportation, maximum productivity and reintegration into the community.





## Rehabilitation and Reintegration Treatment Program (RRTP)

As the name implies, the RRTP focuses on rehabilitation of medical and/or mental health problems and Reintegration into the community. Veteran's needs are assessed to plan a therapeutic schedule that will help the patient obtain optimal levels of medical and psychological health, chemical abstinence, vocational assistance, and/or securing benefits to assist in their return to community living. The vocational rehabilitation treatment for veterans under the RRTP is the same as in STEP.